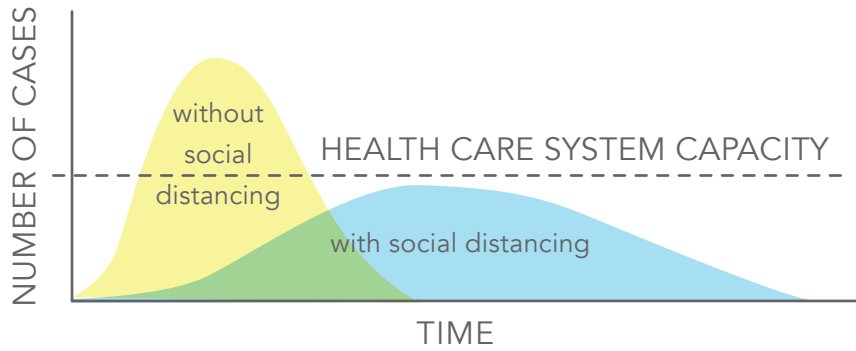


# SOCIAL DISTANCING

**SLOW THE SPREAD OF CORONAVIRUS TO SAVE LIVES!**

All of us play a key role in lowering the number of COVID-19 cases that require hospital care at any single time. There will not be enough hospital beds and breathing machines for every patient who needs one – unless the spread of the coronavirus is slowed to a steady rate.

**Social distancing is what you can do to help.**



## AVOID PUBLIC GATHERINGS

Limit your contact with people who don't live with you. Avoid crowded places – offices, schools, churches, airports, cultural venues, etc. – where you will be close to others.

## STAY HOME MORE OFTEN

Go out only when necessary, such as when you need to purchase essential items, report to a job that cannot be done at home or require medical care.

## WASH YOUR HANDS

Apply hand sanitizer before and after each public interaction, and wash your hands when you return home. Avoid touching your face.

## KEEP YOUR DISTANCE FROM OTHERS

While in public, stay at least 6 feet away – about the length of a king size bed – from other people. This protects you from breathing in air droplets containing the coronavirus.



This free poster is offered by Stephanie Helline of Strategic Health and Holly Hosler of Holly Hosler, LLC | Medical Marketing Writing to assist any group or organization in spreading this important message.

**SOCIAL DISTANCE IS SOCIALLY RESPONSIBLE.**

*Do your part to save lives!*